
Individual Meet Results
2010 LAC SPEEDO CLASSIC 09-Jul-10 to 11-Jul-10 LC Meters**Location: Ephrata Community Pool****Friends' Central Aquatics [FCA-MA] Coach: Iain Anderson**

Time	F/P/S	Event	Place	Points	Improv
Giulia Acchione (13) F					
6:11.19L	F # 1	Female 400 IM	9	9	-1.42
NS	F # 31	Female 13-14 200 IM	---	---	---
1:13.55L	F # 33	Female 13-14 100 Free	8	11	-0.20
3:04.70L	F # 35C	Female 13-14 200 Back	3	16	---
1:21.26L	F # 39	Female 13-14 100 Fly	3	16	-0.66
2:37.33L	F # 63	Female 13-14 200 Free	10	7	-0.73
1:27.11L	F # 65	Female 13-14 100 Back	15	2	0.61
3:07.34L	F # 69C	Female 13-14 200 Fly	5	14	---
34.14L	F # 71	Female 13-14 50 Free	10	6.5	0.93
Sofia Acchione (10) F					
3:22.88L	F # 9	Female 9-10 200 IM	4	15	-8.85
1:51.07L	F # 13	Female 9-10 100 Breast	4	15	-4.45
1:26.69L	F # 17	Female 9-10 100 Free	8	11	-2.15
45.08L	F # 43	Female 9-10 50 Back	8	11	-0.26
3:07.95L	F # 47	Female 9-10 200 Free	7	12	-6.37
1:39.11L	F # 51	Female 9-10 100 Fly	1	20	-7.36
3:48.43L	F # 69A	Female 9-10 200 Fly	1	20	---
38.36L	F # 75	Female 9-10 50 Free	8	11	0.78
1:36.08L	F # 79	Female 9-10 100 Back	4	15	-0.31
50.20L	F # 83	Female 9-10 50 Breast	1	20	-5.31
42.45L	F # 87	Female 9-10 50 Fly	12	5	1.69
Gal Aharoni (13) M					
5:59.68L	F # 4C	Male 13-14 400 Free	6	13	---
2:55.49L	F # 32	Male 13-14 200 IM	6	13	-2.05
1:14.43L	F # 34	Male 13-14 100 Free	11	6	-1.69
3:11.96L	F # 36C	Male 13-14 200 Back	7	12	---
1:32.41L	F # 38	Male 13-14 100 Breast	9	9	1.22
2:42.15L	F # 64	Male 13-14 200 Free	13	4	-0.81
1:25.85L	F # 66	Male 13-14 100 Back	14	3	---
3:18.75L	F # 68C	Male 13-14 200 Breast	6	13	-1.61
31.96L	F # 72	Male 13-14 50 Free	11	6	-0.73
Arielle Anderer (14) F					
5:40.90L	F # 3C	Female 13-14 400 Free	3	16	0.06
3:09.60L	F # 31	Female 13-14 200 IM	6	13	-2.97
1:14.87L	F # 33	Female 13-14 100 Free	12	5	-0.48
3:08.22L	F # 35C	Female 13-14 200 Back	5	14	1.76
1:47.75L	F # 37	Female 13-14 100 Breast	15	2	-0.18
2:39.31L	F # 63	Female 13-14 200 Free	12	5	-3.43
1:31.13L	F # 65	Female 13-14 100 Back	14	3	-1.37
NS	F # 67C	Female 13-14 200 Breast	---	---	---
35.18L	F # 71	Female 13-14 50 Free	12	5	-0.45
Allegra Armstrong (15) F					
5:53.50L	F # 1	Female 400 IM	10	7	1.00
19:20.67L	F # 5	Female 1500 Free	5	14	-12.02
2:56.35L DQ	F # 19	Female 15 & Over 200 IM	---	---	---

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Time	F/P/S	Event	Place	Points	Improv
2:59.39L	F # 23	Female 15 & Over 200 Back	2	17	-11.36
1:36.14L	F # 25	Female 15 & Over 100 Breast	7	12	3.00
4:58.00L	F # 29	Female 15 & Over 400 Free	4	15	2.21
2:30.94L	F # 53	Female 15 & Over 200 Free	16	1	6.75
1:26.24L	F # 55	Female 15 & Over 100 Back	5	14	-8.75
3:13.19L	F # 57	Female 15 & Over 200 Breast	3	16	4.67
32.94L	F # 61	Female 15 & Over 50 Free	36	---	1.23
Keren Baranov (13) F					
5:48.00L	F # 3C	Female 13-14 400 Free	5	14	13.50
3:21.07L	F # 31	Female 13-14 200 IM	13	4	2.79
1:17.02L	F # 33	Female 13-14 100 Free	16	1	0.81
3:30.51L	F # 35C	Female 13-14 200 Back	10	7	---
1:45.74L	F # 37	Female 13-14 100 Breast	14	3	-0.80
2:44.94L	F # 63	Female 13-14 200 Free	18	---	3.16
1:39.35L DQ	F # 65	Female 13-14 100 Back	---	---	---
3:45.30L	F # 67C	Female 13-14 200 Breast	10	7	---
34.99L	F # 71	Female 13-14 50 Free	17	---	1.05
Terrence Brown (10) M					
NS	F # 14	Male 9-10 100 Breast	---	---	---
NS	F # 18	Male 9-10 100 Free	---	---	---
53.50L	F # 44	Male 9-10 50 Back	6	13	-0.63
4:06.57L	F # 48	Male 9-10 200 Free	10	7	---
51.33L	F # 76	Male 9-10 50 Free	13	4	1.62
2:08.61L	F # 80	Male 9-10 100 Back	10	7	-7.98
1:03.52L	F # 84	Male 9-10 50 Breast	12	5	-6.00
1:18.99L DQ	F # 88	Male 9-10 50 Fly	---	---	---
Ryan Cassidy (15) M					
5:19.50L	F # 2	Male 400 IM	5	14	-0.71
18:23.03L	F # 6	Male 1500 Free	5	14	6.73
2:36.99L	F # 20	Male 15 & Over 200 IM	11	6	0.84
1:07.47L	F # 22	Male 15 & Over 100 Free	13	4	2.55
2:34.85L	F # 24	Male 15 & Over 200 Back	2	17	3.17
1:28.57L	F # 26	Male 15 & Over 100 Breast	6	13	1.62
2:17.94L	F # 54	Male 15 & Over 200 Free	17	---	0.13
1:14.49L	F # 56	Male 15 & Over 100 Back	5	14	1.43
3:05.35L	F # 58	Male 15 & Over 200 Breast	4	15	-4.74
30.98L	F # 62	Male 15 & Over 50 Free	12	5	0.09
Francis Chalissery (9) M					
NS	F # 18	Male 9-10 100 Free	---	---	---
NS	F # 44	Male 9-10 50 Back	---	---	---
NS	F # 48	Male 9-10 200 Free	---	---	---
Amy Chapkovich (16) F					
6:39.88L	F # 1	Female 400 IM	5	14	3.10
3:11.77L	F # 19	Female 15 & Over 200 IM	9	9	0.72
1:19.42L	F # 21	Female 15 & Over 100 Free	4	15	1.42
1:46.72L	F # 25	Female 15 & Over 100 Breast	8	11	3.60

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Location: Ephrata Community Pool
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Time	F/P/S	Event	Place	Points	Improv
5:47.43L	F # 29	Female 15 & Over 400 Free	3	16	0.32
2:44.84L	F # 53	Female 15 & Over 200 Free	6	13	-0.41
1:37.91L	F # 55	Female 15 & Over 100 Back	12	5	4.11
3:47.52L	F # 57	Female 15 & Over 200 Breast	5	14	8.00
37.10L	F # 61	Female 15 & Over 50 Free	5	14	1.48
Sahara Clement (15) F					
6:08.47L	F # 1	Female 400 IM	7	12	-4.93
21:09.31L	F # 5	Female 1500 Free	11	6	54.85
3:00.82L	F # 19	Female 15 & Over 200 IM	6	13	-3.17
1:12.60L	F # 21	Female 15 & Over 100 Free	4	15	2.08
3:05.29L	F # 23	Female 15 & Over 200 Back	5	14	7.08
5:11.65L	F # 29	Female 15 & Over 400 Free	8	11	2.45
2:34.96L	F # 53	Female 15 & Over 200 Free	21	---	6.34
1:28.27L	F # 55	Female 15 & Over 100 Back	7	12	1.37
33.22L	F # 61	Female 15 & Over 50 Free	37	---	1.36
Cristian Clothier (13) M					
NS	F # 32	Male 13-14 200 IM	---	---	---
NS	F # 34	Male 13-14 100 Free	---	---	---
NS	F # 36C	Male 13-14 200 Back	---	---	---
NS	F # 38	Male 13-14 100 Breast	---	---	---
NS	F # 68C	Male 13-14 200 Breast	---	---	---
Elliot Davis (12) M					
3:28.60L DQ	F # 8	Male 11-12 200 IM	---	---	---
2:07.95L	F # 12	Male 11-12 100 Breast	23	---	-6.54
1:27.34L	F # 16	Male 11-12 100 Free	18	---	2.90
44.74L	F # 42	Male 11-12 50 Back	9	9	-0.34
3:01.92L	F # 46	Male 11-12 200 Free	17	---	3.01
1:40.77L	F # 50	Male 11-12 100 Fly	13	4	---
37.59L	F # 74	Male 11-12 50 Free	17	---	-0.45
1:33.99L	F # 78	Male 11-12 100 Back	9	9	-1.80
42.43L	F # 86	Male 11-12 50 Fly	12	5	-0.52
Ailish Dougherty (12) F					
6:48.81L	F # 1	Female 400 IM	7	12	---
3:07.80L	F # 7	Female 11-12 200 IM	10	7	-6.14
1:41.23L	F # 11	Female 11-12 100 Breast	11	6	-1.87
1:14.90L	F # 15	Female 11-12 100 Free	5	14	-1.20
41.90L	F # 41	Female 11-12 50 Back	6	13	-1.98
2:40.65L	F # 45	Female 11-12 200 Free	16	1	1.97
1:36.40L	F # 49	Female 11-12 100 Fly	18	---	-19.74
33.45L	F # 73	Female 11-12 50 Free	27	---	0.32
1:33.27L	F # 77	Female 11-12 100 Back	11	6	1.89
46.33L	F # 81	Female 11-12 50 Breast	19	---	-0.77
Grant Fisher (14) M					
NS	F # 32	Male 13-14 200 IM	---	---	---
NS	F # 34	Male 13-14 100 Free	---	---	---
NS	F # 36C	Male 13-14 200 Back	---	---	---

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Time	F/P/S	Event	Place	Points	Improv
NS	F # 40	Male 13-14 100 Fly	---	---	---
2:43.69L	F # 64	Male 13-14 200 Free	22	---	19.99
1:30.85L DQ	F # 66	Male 13-14 100 Back	---	---	---
NS	F # 68C	Male 13-14 200 Breast	---	---	---
36.66L	F # 72	Male 13-14 50 Free	16	1	4.21
Alexander Flick (16) M					
5:20.28L	F # 2	Male 400 IM	7	12	-3.62
18:01.24L	F # 6	Male 1500 Free	1	20	0.52
2:38.44L	F # 20	Male 15 & Over 200 IM	12	5	6.06
1:02.44L	F # 22	Male 15 & Over 100 Free	17	---	3.52
1:14.17L	F # 28	Male 15 & Over 100 Fly	4	15	3.79
4:48.23L	F # 30	Male 15 & Over 400 Free	6	13	12.14
2:13.17L	F # 54	Male 15 & Over 200 Free	8	10	3.15
1:16.49L	F # 56	Male 15 & Over 100 Back	8	11	2.13
28.59L	F # 62	Male 15 & Over 50 Free	23	---	0.31
Marina Forster (15) F					
6:21.77L	F # 1	Female 400 IM	4	15	-3.09
3:03.22L	F # 19	Female 15 & Over 200 IM	7	12	6.64
1:11.60L	F # 21	Female 15 & Over 100 Free	3	16	1.12
2:55.83L	F # 23	Female 15 & Over 200 Back	1	20	4.89
1:34.31L	F # 27	Female 15 & Over 100 Fly	4	15	2.49
2:40.70L	F # 53	Female 15 & Over 200 Free	10	7	5.87
1:21.18L	F # 55	Female 15 & Over 100 Back	2	17	-0.29
33.76L	F # 61	Female 15 & Over 50 Free	4	15	1.26
Gillian George (11) F					
NS	F # 7	Female 11-12 200 IM	---	---	---
NS	F # 11	Female 11-12 100 Breast	---	---	---
NS	F # 15	Female 11-12 100 Free	---	---	---
52.21L	F # 41	Female 11-12 50 Back	35	---	0.26
3:50.70L	F # 45	Female 11-12 200 Free	36	---	-2.85
NS	F # 67B	Female 11-12 200 Breast	---	---	---
41.88L	F # 73	Female 11-12 50 Free	36	---	-3.10
1:51.26L DQ	F # 77	Female 11-12 100 Back	---	---	---
54.14L	F # 81	Female 11-12 50 Breast	44	---	-2.75
55.29L	F # 85	Female 11-12 50 Fly	45	---	---
Olivia Gillison (17) F					
6:03.09L	F # 1	Female 400 IM	6	13	-11.66
2:58.22L	F # 19	Female 15 & Over 200 IM	5	14	2.84
1:08.02L	F # 21	Female 15 & Over 100 Free	14	2.5	2.67
3:00.71L	F # 23	Female 15 & Over 200 Back	3	16	11.49
1:26.41L	F # 27	Female 15 & Over 100 Fly	2	17	0.62
2:29.61L	F # 53	Female 15 & Over 200 Free	13	4	4.69
1:22.74L	F # 55	Female 15 & Over 100 Back	4	15	2.12
28.94L	F # 61	Female 15 & Over 50 Free	4	15	-0.42
Victoria Gillison (15) F					
6:21.19L	F # 1	Female 400 IM	11	6	13.56

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Time	F/P/S	Event	Place	Points	Improv
3:08.72L	F # 19	Female 15 & Over 200 IM	8	11	19.74
1:12.71L	F # 21	Female 15 & Over 100 Free	22	---	6.84
3:06.18L	F # 23	Female 15 & Over 200 Back	5	14	18.93
5:41.75L	F # 29	Female 15 & Over 400 Free	3	16	15.39
2:45.99L	F # 53	Female 15 & Over 200 Free	23	---	17.43
1:25.11L	F # 55	Female 15 & Over 100 Back	17	---	8.71
31.96L	F # 61	Female 15 & Over 50 Free	33	---	1.05
Andrew Gogola (19) M					
2:40.33L	F # 20	Male 15 & Over 200 IM	14	3	6.60
1:03.59L	F # 22	Male 15 & Over 100 Free	21	---	5.73
5:20.58L	F # 30	Male 15 & Over 400 Free	7	12	23.92
2:20.69L	F # 54	Male 15 & Over 200 Free	23	---	9.44
1:16.14L	F # 56	Male 15 & Over 100 Back	11	6	5.22
28.96L	F # 62	Male 15 & Over 50 Free	28	---	2.14
Oliver Goodman (15) M					
2:53.48L	F # 20	Male 15 & Over 200 IM	5	14	-7.40
1:06.66L	F # 22	Male 15 & Over 100 Free	9	8	-2.19
X 1:22.80L	F # 28	Male 15 & Over 100 Fly	---	---	---
2:38.45L	F # 54	Male 15 & Over 200 Free	10	7	0.38
1:28.69L	F # 56	Male 15 & Over 100 Back	12	5	0.78
29.41L	F # 62	Male 15 & Over 50 Free	29	---	0.04
Justin Hager (16) M					
18:52.30L	F # 6	Male 1500 Free	2	17	-13.15
2:45.22L	F # 20	Male 15 & Over 200 IM	9	9	4.20
1:06.89L	F # 22	Male 15 & Over 100 Free	11	6	2.71
1:28.77L	F # 26	Male 15 & Over 100 Breast	7	12	5.35
4:52.62L	F # 30	Male 15 & Over 400 Free	8	11	2.39
Victoria Javes (13) F					
3:26.85L	F # 31	Female 13-14 200 IM	17	---	1.88
1:18.14L	F # 33	Female 13-14 100 Free	18	---	1.17
3:27.58L	F # 35C	Female 13-14 200 Back	9	9	---
1:41.15L	F # 37	Female 13-14 100 Breast	8	11	3.10
2:47.96L	F # 63	Female 13-14 200 Free	20	---	2.78
1:40.30L	F # 65	Female 13-14 100 Back	23	---	1.23
3:34.64L	F # 67C	Female 13-14 200 Breast	4	15	-5.46
36.13L	F # 71	Female 13-14 50 Free	13	4	-0.08
Elizabeth Kahn (11) F					
NS	F # 7	Female 11-12 200 IM	---	---	---
NS	F # 11	Female 11-12 100 Breast	---	---	---
NS	F # 15	Female 11-12 100 Free	---	---	---
50.46L	F # 41	Female 11-12 50 Back	34	---	2.75
3:50.49L	F # 45	Female 11-12 200 Free	35	---	-44.59
2:17.28L DQ	F # 49	Female 11-12 100 Fly	---	---	---
4:16.09L	F # 67B	Female 11-12 200 Breast	7	12	---
42.56L	F # 73	Female 11-12 50 Free	37	---	0.23
1:52.30L	F # 77	Female 11-12 100 Back	23	---	9.45

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Time	F/P/S	Event	Place	Points	Improv
55.24L	F # 81	Female 11-12 50 Breast	48	---	0.10
57.51L	F # 85	Female 11-12 50 Fly	46	---	3.43
Griffin Kao (11) M					
3:02.86L	F # 8	Male 11-12 200 IM	4	15	-2.32
1:35.65L	F # 12	Male 11-12 100 Breast	2	17	-0.44
1:18.51L	F # 16	Male 11-12 100 Free	14	3	1.44
40.74L	F # 42	Male 11-12 50 Back	8	11	0.10
2:44.86L	F # 46	Male 11-12 200 Free	7	12	0.45
1:30.33L	F # 50	Male 11-12 100 Fly	4	15	---
35.33L	F # 74	Male 11-12 50 Free	8	11	-0.26
1:26.71L	F # 78	Male 11-12 100 Back	8	11	2.29
44.00L	F # 82	Male 11-12 50 Breast	3	16	0.08
39.50L	F # 86	Male 11-12 50 Fly	8	11	-9.02
Jacob Katznelson (17) M					
5:31.07L	F # 2	Male 400 IM	2	17	-6.11
2:42.33L	F # 20	Male 15 & Over 200 IM	15	2	7.08
1:07.29L	F # 22	Male 15 & Over 100 Free	30	---	3.58
2:46.10L	F # 24	Male 15 & Over 200 Back	3	16	7.55
5:16.28L	F # 30	Male 15 & Over 400 Free	6	13	21.57
2:21.84L	F # 54	Male 15 & Over 200 Free	10	7	-0.90
1:14.46L	F # 56	Male 15 & Over 100 Back	4	15	2.03
28.82L	F # 62	Male 15 & Over 50 Free	27	---	-0.15
Annaika Khoday (11) F					
7:03.52L	F # 3B	Female 11-12 400 Free	8	11	---
3:28.42L	F # 7	Female 11-12 200 IM	19	---	-48.43
1:41.17L	F # 11	Female 11-12 100 Breast	10	7	-3.60
1:26.41L	F # 15	Female 11-12 100 Free	14	3	-2.59
47.32L	F # 41	Female 11-12 50 Back	26	---	-1.34
3:10.20L	F # 45	Female 11-12 200 Free	28	---	-42.49
1:48.98L	F # 49	Female 11-12 100 Fly	27	---	---
3:42.37L	F # 67B	Female 11-12 200 Breast	3	16	---
37.81L	F # 73	Female 11-12 50 Free	23	---	-1.31
1:52.95L	F # 77	Female 11-12 100 Back	24	---	7.27
44.97L	F # 81	Female 11-12 50 Breast	13	4	-2.09
49.07L	F # 85	Female 11-12 50 Fly	40	---	---
Riccardo Maio (11) M					
3:26.55L DQ	F # 8	Male 11-12 200 IM	---	---	---
1:55.76L	F # 12	Male 11-12 100 Breast	14	3	-2.87
1:28.43L	F # 16	Male 11-12 100 Free	19	---	-0.54
48.17L	F # 42	Male 11-12 50 Back	14	3	2.17
3:13.01L	F # 46	Male 11-12 200 Free	22	---	13.83
1:50.29L DQ	F # 50	Male 11-12 100 Fly	---	---	---
38.05L	F # 74	Male 11-12 50 Free	18	---	-0.80
1:38.84L	F # 78	Male 11-12 100 Back	15	2	1.87
54.15L	F # 86	Male 11-12 50 Fly	22	---	1.32

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Time	F/P/S	Event	Place	Points	Improv
Cara Margolis (9) F					
NS	F # 13	Female 9-10 100 Breast	---	---	---
NS	F # 17	Female 9-10 100 Free	---	---	---
NS	F # 43	Female 9-10 50 Back	---	---	---
NS	F # 47	Female 9-10 200 Free	---	---	---
Ryan McConnell (17) M					
5:30.23L	F # 2	Male 400 IM	1	20	-4.60
18:45.23L	F # 6	Male 1500 Free	8	11	29.28
2:39.77L	F # 20	Male 15 & Over 200 IM	4	15	-0.49
1:04.41L	F # 22	Male 15 & Over 100 Free	27	---	2.36
1:25.58L	F # 26	Male 15 & Over 100 Breast	5	14	3.29
4:45.59L	F # 30	Male 15 & Over 400 Free	4	15	2.37
2:17.42L	F # 54	Male 15 & Over 200 Free	16	1	4.20
2:57.49L	F # 58	Male 15 & Over 200 Breast	2	17	-3.63
28.50L	F # 62	Male 15 & Over 50 Free	22	---	-0.04
Tristan McConnell (14) M					
6:05.51L	F # 2	Male 400 IM	10	7	-1.76
5:13.75L	F # 4C	Male 13-14 400 Free	2	17	-3.59
2:48.35L	F # 32	Male 13-14 200 IM	9	9	2.49
1:04.49L	F # 34	Male 13-14 100 Free	14	3	-0.36
2:47.78L	F # 36C	Male 13-14 200 Back	3	16	-16.40
1:21.44L	F # 38	Male 13-14 100 Breast	3	16	1.41
2:25.93L	F # 64	Male 13-14 200 Free	2	17	-1.00
2:55.10L	F # 68C	Male 13-14 200 Breast	3	16	-0.72
29.74L	F # 72	Male 13-14 50 Free	13	4	0.35
John Millar (14) M					
2:54.79L	F # 32	Male 13-14 200 IM	11	6	1.15
1:08.89L	F # 34	Male 13-14 100 Free	8	11	1.54
2:56.02L	F # 36C	Male 13-14 200 Back	10	7	4.48
1:32.82L	F # 38	Male 13-14 100 Breast	10	7	-2.53
2:28.13L	F # 64	Male 13-14 200 Free	5	14	-0.45
1:21.61L	F # 66	Male 13-14 100 Back	7	12	-1.58
3:16.68L	F # 68C	Male 13-14 200 Breast	2	17	-7.80
30.64L	F # 72	Male 13-14 50 Free	20	---	0.73
Riccardo Millar (11) M					
3:25.58L	F # 8	Male 11-12 200 IM	14	3	0.30
2:03.78L	F # 12	Male 11-12 100 Breast	22	---	3.55
1:20.46L	F # 16	Male 11-12 100 Free	10	7	1.75
44.95L	F # 42	Male 11-12 50 Back	10	7	2.35
2:49.38L	F # 46	Male 11-12 200 Free	9	9	-2.68
1:39.07L	F # 50	Male 11-12 100 Fly	11	6	-4.09
36.47L	F # 74	Male 11-12 50 Free	11	6	0.98
1:35.58L	F # 78	Male 11-12 100 Back	11	6	2.22
39.22L	F # 86	Male 11-12 50 Fly	7	12	-4.66
Jacob Montenegro (12) M					
3:18.79L	F # 8	Male 11-12 200 IM	11	6	-1.56

Individual Meet Results
2010 LAC SPEEDO CLASSIC 09-Jul-10 to 11-Jul-10 LC Meters**Location: Ephrata Community Pool****Friends' Central Aquatics [FCA-MA] Coach: Iain Anderson**

Time	F/P/S	Event	Place	Points	Improv
1:46.53L	F # 12	Male 11-12 100 Breast	9	9	-0.92
1:23.93L	F # 16	Male 11-12 100 Free	13	4	4.49
42.56L	F # 42	Male 11-12 50 Back	13	4	1.24
2:54.57L	F # 46	Male 11-12 200 Free	13	4	2.01
1:53.92L	F # 50	Male 11-12 100 Fly	15	2	-17.59
35.88L	F # 74	Male 11-12 50 Free	9	8	0.78
1:32.39L	F # 78	Male 11-12 100 Back	7	12	0.82
47.89L	F # 82	Male 11-12 50 Breast	7	12	-4.74
48.96L	F # 86	Male 11-12 50 Fly	20	---	-9.64
Samuel Montenegro (11) M					
3:04.41L	F # 8	Male 11-12 200 IM	4	15	-12.47
1:45.73L	F # 12	Male 11-12 100 Breast	6	13	-16.84
1:20.35L	F # 16	Male 11-12 100 Free	9	9	0.82
41.48L	F # 42	Male 11-12 50 Back	10	7	1.75
2:50.08L	F # 46	Male 11-12 200 Free	9	9	2.20
1:39.77L	F # 50	Male 11-12 100 Fly	12	5	-16.03
34.84L	F # 74	Male 11-12 50 Free	10	7	-1.61
1:26.43L	F # 78	Male 11-12 100 Back	6	13	-1.26
51.44L	F # 82	Male 11-12 50 Breast	15	2	0.45
43.69L	F # 86	Male 11-12 50 Fly	13	4	0.68
Claire Morales (13) F					
6:30.24L	F # 1	Female 400 IM	13	4	11.38
5:44.17L	F # 3C	Female 13-14 400 Free	4	15	4.76
3:02.72L	F # 31	Female 13-14 200 IM	13	4	4.28
1:15.16L	F # 33	Female 13-14 100 Free	30	---	4.49
3:00.74L	DQ F # 35C	Female 13-14 200 Back	---	---	---
1:44.03L	F # 37	Female 13-14 100 Breast	12	5	-1.51
2:45.28L	F # 63	Female 13-14 200 Free	19	---	6.46
1:22.19L	F # 65	Female 13-14 100 Back	7	12	2.03
3:37.30L	F # 67C	Female 13-14 200 Breast	7	12	-18.55
33.37L	F # 71	Female 13-14 50 Free	7	12	0.25
Claire Ochroch (10) F					
4:25.28L	F # 9	Female 9-10 200 IM	19	---	---
2:12.92L	F # 13	Female 9-10 100 Breast	14	3	-1.93
1:47.76L	F # 17	Female 9-10 100 Free	13	4	-3.81
1:01.88L	F # 43	Female 9-10 50 Back	15	2	0.41
3:54.12L	F # 47	Female 9-10 200 Free	15	2	-19.47
NS	F # 67A	Female 9-10 200 Breast	---	---	---
Lindsey Phillipson-Weiner (20) F					
2:58.12L	F # 19	Female 15 & Over 200 IM	5	14	---
1:14.83L	F # 21	Female 15 & Over 100 Free	5	14	2.87
5:22.97L	F # 29	Female 15 & Over 400 Free	2	17	5.82
2:43.98L	F # 53	Female 15 & Over 200 Free	11	6	10.67
1:28.93L	F # 55	Female 15 & Over 100 Back	8	11	1.42
33.72L	F # 61	Female 15 & Over 50 Free	3	16	0.39

Individual Meet Results
2010 LAC SPEEDO CLASSIC 09-Jul-10 to 11-Jul-10 LC Meters**Location: Ephrata Community Pool****Friends' Central Aquatics [FCA-MA] Coach: Iain Anderson**

Time	F/P/S	Event	Place	Points	Improv
Richard Price-Sanchez (13) M					
5:15.52L	F # 4C	Male 13-14 400 Free	3	16	-8.75
20:51.09L	F # 6	Male 1500 Free	4	15	-39.31
2:54.62L	F # 32	Male 13-14 200 IM	5	14	-4.87
1:11.82L	F # 34	Male 13-14 100 Free	6	13	-1.41
3:02.53L	F # 36C	Male 13-14 200 Back	5	14	2.16
1:37.18L	F # 38	Male 13-14 100 Breast	12	5	0.75
2:29.00L	F # 64	Male 13-14 200 Free	5	14	-9.54
1:27.16L	F # 66	Male 13-14 100 Back	16	1	-2.53
3:19.77L	F # 68C	Male 13-14 200 Breast	7	12	-13.86
32.49L	F # 72	Male 13-14 50 Free	7	12	-1.05
Michelle Qin (9) F					
4:10.32L	F # 9	Female 9-10 200 IM	14	3	---
2:12.10L	F # 13	Female 9-10 100 Breast	13	4	3.30
1:49.83L	F # 17	Female 9-10 100 Free	14	3	7.92
57.64L	F # 43	Female 9-10 50 Back	12	5	-0.99
3:48.42L	F # 47	Female 9-10 200 Free	13	4	4.39
46.45L	F # 75	Female 9-10 50 Free	19	---	-1.06
2:13.96L	F # 79	Female 9-10 100 Back	16	1	---
1:03.85L	F # 83	Female 9-10 50 Breast	21	---	0.66
Maxwel Roling (11) M					
22:18.92L	F # 6	Male 1500 Free	9	9	---
3:10.85L	F # 8	Male 11-12 200 IM	8	11	1.28
1:56.80L	F # 12	Male 11-12 100 Breast	16	1	-1.75
1:20.33L	F # 16	Male 11-12 100 Free	8	11	1.41
41.75L	F # 42	Male 11-12 50 Back	6	13	-0.81
2:43.56L	F # 46	Male 11-12 200 Free	6	13	-2.43
1:29.34L	F # 50	Male 11-12 100 Fly	5	14	1.30
Sophie Roling (10) F					
6:09.15L	F # 3A	Female 9-10 400 Free	2	17	-1.80
24:42.45L	F # 5	Female 1500 Free	6	13	---
3:29.38L	F # 9	Female 9-10 200 IM	9	9	-5.43
1:22.95L	F # 17	Female 9-10 100 Free	3	16	0.76
46.70L	F # 43	Female 9-10 50 Back	10	7	0.50
2:57.87L	F # 47	Female 9-10 200 Free	4	15	-1.43
1:41.02L	F # 51	Female 9-10 100 Fly	3	16	-3.21
Caleb Shack (9) M					
7:41.75L	F # 4A	Male 9-10 400 Free	1	20	---
4:00.27L DQ	F # 10	Male 9-10 200 IM	---	---	---
2:09.42L	F # 14	Male 9-10 100 Breast	8	11	-1.31
1:47.08L	F # 18	Male 9-10 100 Free	13	4	-3.58
3:39.05L	F # 36A	Male 9-10 200 Back	2	17	---
47.98L	F # 44	Male 9-10 50 Back	3	16	-1.10
3:39.67L	F # 48	Male 9-10 200 Free	8	11	-24.53
2:05.40L	F # 52	Male 9-10 100 Fly	2	17	---
44.73L	F # 76	Male 9-10 50 Free	9	9	-2.72

Individual Meet Results
2010 LAC SPEEDO CLASSIC 09-Jul-10 to 11-Jul-10 LC Meters**Location: Ephrata Community Pool****Friends' Central Aquatics [FCA-MA] Coach: Iain Anderson**

Time	F/P/S	Event	Place	Points	Improv
1:45.73L	F # 80	Male 9-10 100 Back	6	13	-3.74
59.57L	F # 84	Male 9-10 50 Breast	9	9	-2.81
54.67L	F # 88	Male 9-10 50 Fly	8	11	-2.02
Benjamin Shapiro (13) M					
5:31.95L	F # 2	Male 400 IM	9	9	11.74
18:41.84L	F # 6	Male 1500 Free	7	12	3.98
2:37.31L	F # 32	Male 13-14 200 IM	7	12	-2.67
1:05.78L	F # 34	Male 13-14 100 Free	16	1	1.77
2:34.25L	F # 36C	Male 13-14 200 Back	4	15	7.24
1:24.40L	F # 40	Male 13-14 100 Fly	12	5	-2.88
2:15.92L	F # 64	Male 13-14 200 Free	8	11	-1.26
1:10.89L	F # 66	Male 13-14 100 Back	2	17	0.37
3:07.11L	F # 68C	Male 13-14 200 Breast	7	12	-3.82
30.23L	F # 72	Male 13-14 50 Free	17	---	0.78
Emma Shaw (15) F					
6:17.97L	F # 1	Female 400 IM	10	7	4.68
2:59.44L	F # 19	Female 15 & Over 200 IM	6	13	-1.16
1:19.96L	F # 21	Female 15 & Over 100 Free	5	14	2.37
3:13.54L	F # 23	Female 15 & Over 200 Back	4	15	10.58
1:35.36L	F # 25	Female 15 & Over 100 Breast	2	17	0.06
2:47.87L	F # 53	Female 15 & Over 200 Free	8	11	3.11
1:32.39L	F # 55	Female 15 & Over 100 Back	10	7	2.57
3:30.45L	F # 57	Female 15 & Over 200 Breast	7	12	9.17
35.37L	F # 61	Female 15 & Over 50 Free	7	12	0.44
Sarah Shaw (18) F					
5:50.92L	F # 1	Female 400 IM	9	9	13.90
20:03.13L	F # 5	Female 1500 Free	10	7	26.74
2:48.27L	F # 19	Female 15 & Over 200 IM	13	4	4.59
1:14.35L	F # 21	Female 15 & Over 100 Free	24	---	5.06
1:20.69L	F # 27	Female 15 & Over 100 Fly	2	17	3.77
5:06.37L	F # 29	Female 15 & Over 400 Free	6	13	0.94
2:30.39L	F # 53	Female 15 & Over 200 Free	14	3	3.00
1:23.31L	F # 55	Female 15 & Over 100 Back	15	2	6.39
3:23.11L	F # 57	Female 15 & Over 200 Breast	6	13	12.81
2:53.94L	F # 59	Female 15 & Over 200 Fly	1	20	8.06
Ashwini Shende (9) F					
4:18.42L	F # 9	Female 9-10 200 IM	17	---	-16.21
2:18.48L	F # 13	Female 9-10 100 Breast	18	---	-7.59
1:55.74L	F # 17	Female 9-10 100 Free	16	1	3.19
54.37L	F # 43	Female 9-10 50 Back	9	9	3.51
4:07.42L	F # 47	Female 9-10 200 Free	17	---	11.63
2:20.68L	F # 51	Female 9-10 100 Fly	13	4	---
4:44.42L	F # 67A	Female 9-10 200 Breast	3	16	---
54.71L	F # 75	Female 9-10 50 Free	21	---	5.58
2:00.23L	F # 79	Female 9-10 100 Back	14	3	3.55
1:05.49L	F # 83	Female 9-10 50 Breast	25	---	-4.90

Individual Meet Results

2010 LAC SPEEDO CLASSIC 09-Jul-10 to 11-Jul-10 LC Meters
Location: Ephrata Community Pool
Friends' Central Aquatics [FCA-MA] Coach: Iain Anderson

Time	F/P/S	Event	Place	Points	Improv
1:05.87L	F # 87	Female 9-10 50 Fly	15	2	-0.98
Sarah Silberg (12) F					
2:55.99L	F # 7	Female 11-12 200 IM	10	7	-1.54
1:40.08L	F # 11	Female 11-12 100 Breast	7	12	-6.05
1:10.35L	F # 15	Female 11-12 100 Free	11	6	0.45
39.11L	F # 41	Female 11-12 50 Back	5	14	-0.39
2:29.45L	F # 45	Female 11-12 200 Free	6	13	-0.88
1:18.81L	F # 49	Female 11-12 100 Fly	1	20	-7.89
31.96L	F # 73	Female 11-12 50 Free	15	2	-0.16
1:25.24L	F # 77	Female 11-12 100 Back	16	1	-0.33
45.87L	F # 81	Female 11-12 50 Breast	18	---	-2.56
34.36L	F # 85	Female 11-12 50 Fly	7	12	-0.91
Alaina Solomon (10) F					
4:18.60L	F # 9	Female 9-10 200 IM	18	---	-5.96
2:15.64L	F # 13	Female 9-10 100 Breast	16	1	-32.11
1:46.91L	F # 17	Female 9-10 100 Free	12	5	-4.60
56.17L	F # 43	Female 9-10 50 Back	11	6	1.86
3:47.74L	F # 47	Female 9-10 200 Free	12	5	1.90
2:16.62L	DQ F # 51	Female 9-10 100 Fly	---	---	---
NS	F # 67A	Female 9-10 200 Breast	---	---	---
44.59L	F # 75	Female 9-10 50 Free	14	3	-5.78
2:00.66L	F # 79	Female 9-10 100 Back	15	2	1.08
1:02.77L	F # 83	Female 9-10 50 Breast	20	---	-2.09
59.89L	F # 87	Female 9-10 50 Fly	13	4	0.86
Alexander Turley (9) M					
2:52.91L	DQ F # 14	Male 9-10 100 Breast	---	---	---
2:30.36L	F # 18	Male 9-10 100 Free	14	3	-2.11
1:11.63L	F # 44	Male 9-10 50 Back	8	11	1.69
NS	F # 48	Male 9-10 200 Free	---	---	---
1:02.63L	F # 76	Male 9-10 50 Free	14	3	1.31
NS	F # 80	Male 9-10 100 Back	---	---	---
1:24.25L	F # 84	Male 9-10 50 Breast	16	1	---
James Turley (12) M					
20:29.20L	F # 6	Male 1500 Free	3	16	---
2:59.43L	F # 8	Male 11-12 200 IM	3	16	-7.87
1:51.30L	F # 12	Male 11-12 100 Breast	13	4	-6.43
1:11.11L	F # 16	Male 11-12 100 Free	6	13	-0.87
39.82L	F # 42	Male 11-12 50 Back	2	17	-5.86
2:28.71L	F # 46	Male 11-12 200 Free	3	16	-1.83
1:26.89L	F # 50	Male 11-12 100 Fly	3	16	-1.90
32.80L	F # 74	Male 11-12 50 Free	13	4	-0.08
1:26.45L	F # 78	Male 11-12 100 Back	7	12	-0.76
52.00L	F # 82	Male 11-12 50 Breast	16	1	---
38.21L	F # 86	Male 11-12 50 Fly	4	15	-1.82
Kyle Tuverson (13) M					
3:03.42L	F # 32	Male 13-14 200 IM	12	5	0.44

Individual Meet Results
2010 LAC SPEEDO CLASSIC 09-Jul-10 to 11-Jul-10 LC Meters**Location: Ephrata Community Pool****Friends' Central Aquatics [FCA-MA] Coach: Iain Anderson**

Time	F/P/S	Event	Place	Points	Improv
1:15.07L	F # 34	Male 13-14 100 Free	12	5	-0.43
3:04.25L	F # 36C	Male 13-14 200 Back	6	13	-1.11
1:32.08L	F # 38	Male 13-14 100 Breast	8	11	0.27
2:44.64L	F # 64	Male 13-14 200 Free	14	3	1.62
1:32.53L	F # 66	Male 13-14 100 Back	19	---	2.69
3:13.07L	F # 68C	Male 13-14 200 Breast	9	9	0.28
34.40L	F # 72	Male 13-14 50 Free	10	7	1.02
Christina Wang (10) F					
3:53.29L	F # 9	Female 9-10 200 IM	9	9	---
2:02.02L	F # 13	Female 9-10 100 Breast	8	11	-21.12
1:33.09L	F # 17	Female 9-10 100 Free	16	1	0.91
51.93L	F # 43	Female 9-10 50 Back	14	3	2.90
3:26.95L	F # 47	Female 9-10 200 Free	5	14	-51.54
1:21.28L	F # 51	Female 9-10 100 Fly	1	20	---
41.81L	F # 75	Female 9-10 50 Free	15	2	2.08
1:47.75L	F # 79	Female 9-10 100 Back	13	4	0.34
55.58L	F # 83	Female 9-10 50 Breast	11	5.5	-3.32
52.89L	F # 87	Female 9-10 50 Fly	10	7	0.30
Matthew Weinberg (16) M					
5:42.40L	F # 2	Male 400 IM	5	14	5.11
18:30.84L	F # 6	Male 1500 Free	6	13	---
2:46.82L	F # 20	Male 15 & Over 200 IM	10	7	4.72
1:04.93L	F # 22	Male 15 & Over 100 Free	6	13	0.62
1:17.40L	F # 28	Male 15 & Over 100 Fly	9	9	-2.88
4:57.93L	F # 30	Male 15 & Over 400 Free	10	7	12.02
2:20.13L	F # 54	Male 15 & Over 200 Free	21	---	2.12
1:19.90L	F # 56	Male 15 & Over 100 Back	10	7	-4.68
29.30L	F # 62	Male 15 & Over 50 Free	5	14	-0.15